A group of people walking on a path in the woods

Description automatically generated

Part 5 | participant sops

DofE Journey Planning pack

# JPPS101 – Condition checks

**Complete:** When required

Depending on your location not all of these steps will be possible, complete as much as possible, or identify alternatives.

* Check the weather forecast, look for:
  + Highs & Lows
  + Rain
  + Wind gusts
  + Weather warnings and watches
* Check for any track or route closures
* Check water conditions (if crossing tidal stream/river)
* Determine if anything needs be altered in your plan as a result of the above, this may include changing routes, remaining at the campsite etc.

# JPPS301 – Daily Briefing

**Complete:** Morning

Include the supervisor in this process

1. Check everyone is ready for the day – has everyone eaten
2. Check the weather – does the route need altering (JPPS101)
3. Check if there are any new injuries or things the group needs to be aware of
4. Check everyone is aware of the route for the day
5. Check everyone is aware of the risks for the day
6. Check everyone has the right gear for the day (exploration)
7. Ensure the campsite is clean and tidy

# JPPS321 – Review and prepare plan for the following day

**Complete:** Evening

Include the supervisor in this process

1. Gather the group
2. (If possible) check the weather forecast for the following day, is it still as you planned?
3. Review the planned route for the following day:
   1. Are there any changes you need to make due to weather?
   2. Is everyone physically capable for the next day – Do you need to adjust based on injuries/fitness?
   3. Is there anything else anyone needs to clarify about the route?
4. Review the risks for the following day e.g. River crossings
5. Ensure everyone knows what timings are being used – When does everyone need to be up, have eaten by etc.

# JPPS331 – Campsite checks

**Complete:** When arriving at a new campsite

1. Check the campsite environment for hazards
2. Identify nearby facilities (running water, toilet, rubbish bins)
3. Choose a common area to set up camp, Consider:
   1. Shelter & wind direction
   2. Sun
   3. Ground conditions

**If the campsite is suitable:** continue; **Otherwise:** Locate a safe campsite nearby.

1. Identify areas you will use for cooking
2. Set up tents
3. Check all tents are set up and the campsite is tidy.

# JPPS332 – General Travel

**Complete:** While travelling throughout the journey (non-sequential)

* Keep to marked paths and tracks.
* Stop at junctions and intersections for the group to stay together.
* Check route maps at junctions.
* Take regular breaks when needed by any group member.
* Keep the slowest group member at the front of the group.
* Keep the group together.